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# NASA Policy Directive

**NPD 1810.2B**Effective Date: January 16,  
2001Expiration Date: December 31,  
2009**COMPLIANCE IS MANDATORY**[Printable Format \(PDF\)](#)

Request Notification of Change

(NASA Only)

## **Subject: NASA Occupational Medicine Program (Revalidated 3/29/04)**

**Responsible Office: Office of the Chief Health & Medical Officer**

### **1. Policy**

It is NASA Occupational Medicine policy to minimize sick absences and reduced productivity due to partial physical disability, permanent disability, or premature death. This will be accomplished by providing the following to employees:

- a. Acute medical care for first aid care and to maintain health, improve morale, control costs, and reduce lost time due to injuries and illness.
- b. Medical monitoring exams as required by the Occupational Safety and Health Administration (OSHA) and other appropriate regulatory agencies, or as deemed necessary for other NASA-specific hazardous materials exposures.
- c. Health maintenance examinations to help identify and minimize risks associated with the premature onset of disease and to assist with the early detection of risk factors for preventable diseases, such as heart attack and stroke.
- d. Certification examinations for those whose work may either exacerbate a preexisting condition or jeopardize the health of others dependent upon them.
- e. International traveler health services to safeguard the health of NASA employees who are on international travel and duty assignments.
- f. Employee Assistance Programs (EAP) to maintain emotional and mental well-being, which impacts overall health and productivity.
- g. Physical Fitness Programs to help control and reduce health risk factors, such as sedentary lifestyle, obesity, high blood pressure, and diabetes and to offer postcardiac and postinjury rehabilitative services.
- h. Nutrition Programs to enable employees to learn how to control risk factors associated with diabetes, hypertension, lipid disorders, and obesity and through diet and in the

planning of optimal nutritional cafeteria choices.

- i. Workers' Compensation Programs to ensure appropriate medical care, rehabilitation, followup, and compensation benefits for on-the-job injury or illness.
- j. Health education and wellness services for timely health promotions to facilitate employee actions to maintain optimal personal physical and mental well-being.

## **2. Applicability**

This NPD applies to NASA Headquarters and all NASA Centers, including Component Facilities, and to the Jet Propulsion Laboratory (JPL) and other NASA contractors to the extent specified in their respective contracts.

## **3. Authority**

- a. 29 U.S.C. 668, Section 19 of the Occupational Safety and Health Act of 1970, as amended, Programs of Federal Agencies.
- b. 5 U.S.C 7901, Health Service Programs.
- c. Executive Order 12196, dated February 26, 1980, Occupational Safety and Health Programs for Federal Employees, 3 CFR (1980 Compilation).
- d. 29 CFR Part 1960, Basic Program Elements for Federal Employee Occupational Safety and Health Programs and Related Matters.

## **4. Applicable Documents**

- a. 5 U.S.C. 552a, the Privacy Act of 1974, as amended.
- b. NPR 1000.3, The NASA Organization.
- c. NPD 1800.2, NASA Occupational Health Program.
- d. NPD 1820.1, NASA Environmental Health Program.
- e. NPD 1830.1, NASA Employee Assistance Program.
- f. NPD 1840.1, NASA Workers' Compensation Program.
- g. NPD 8710.2, NASA Safety and Health Program.
- h. NPD 1440.6, NASA Records Management.
- i. Reserved.
- j. Reserved.
- k. NASA Guidelines regarding Health Insurance and Medical Coverage for NASA Personnel Traveling Overseas, September 1996.

## **5. Responsibility**

a. The Chief Health and Medical Officer (CHMO) is responsible for the overall NASA Occupational Health Program, including Occupational Medicine. The CHMO's responsibilities also include the following:

(1) Establishing and coordinating overall Agency occupational medicine policy.

(2) Approving occupational medicine standards, procedures, and guidelines.

(3) Advocating and supporting funding for the NASA Occupational Health Program through the NASA Health Council (NHC), Capitol Investment Council (CIC), and the individual or collective Institutional Program Offices (IPO), as appropriate.

b. The Director, Occupational Health Programs, located at Headquarters, is responsible for the oversight of the Occupational Health Program and ensuring compliance with programmatic, statutory, and regulatory guidelines and policy implementation.

c. The Director, Occupational Health Programs is responsible for the following:

(1) Reserved.

(2) Reserved.

(3) Providing occupational medicine operational oversight and management.

(4) Coordinating and developing occupational medicine standards, procedures, and guidelines for approval.

(5) Providing staff assistance in support of Center health programs.

(6) Developing and implementing Agencywide programs key to the continued progress in occupational medicine.

d. Enterprise Associate Administrators/Institutional Program Officers shall provide support for critical occupational medicine programs at the NASA Centers they oversee.

e. Center Directors and the Associate Administrator for Headquarters Operations have the responsibility for implementation and operation of occupational medicine programs at their Centers in full compliance with this NPD.

## **6. Delegation of Authority**

None.

## **7. Measurements/Verification**

None.

i. The trend and control of occupational illness or injury claims.

## **8. Cancellation**

NPD 1810.2A, NASA Occupational Medicine Program, dated January 16, 2001.

## **Revalidated**

March 29, 2004

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**/s/ Daniel S. Goldin  
Administrator**

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**Attachment A: (Text)**

None.

**(URL for Graphic)**

None.

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